



Play Policy

Play is an essential part of a child's life. The Club takes children's play seriously. It is the role of the playworker to offer a wide range of play opportunities that enable children to play freely and be the masters of their own play.

All children and young people need to play; the impulse to play is innate. Play is a biological, a psychological and a social necessity, and is fundamental to the healthy development and well being of individuals and communities. Play is a process that is freely chosen, personally directed and intrinsically motivated. That is, children and young people determine and control the content and intent of their play, by following their own instincts, ideas and interests, in their own way for their own reasons.

The prime focus and essence of playwork is to support and facilitate play.

To play is to allow one to freely explore and make sense of the world, experiment, and express things without fear of judgement.

To best facilitate children's play

The role of the playworker is to support all children and young people in the creation of a space in which they can play.

The environment will be set up prior to children arriving and will include a range of play opportunities.

Children will be confident in making requests for other equipment. Equipment may be used in conjunction with other equipment.

Children are not required to be occupied at all times.

The playworker's response to children and young people playing is based on a sound and up to date knowledge of the play process, and reflective practice.

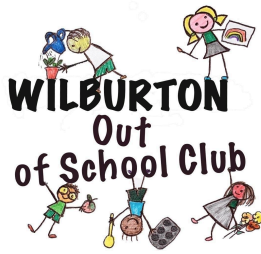
Playworkers recognise their own impact on the play space and also the impact of children and young people's play on the playworker.

Playworkers choose an intervention style that enables children and young people to extend their play. All playworker intervention must balance risk with the developmental benefit and well being of children.

Playworkers recognise that children need to put their own creative style and ideas into their creation such as cooking, arts, crafts, sports and gardening.

Children will be involved in planning activities so that the programme reflects their opinions. Activities will be carefully planned to allow children to build on the natural curiosity, advance their thinking and use their imagination.

Children will be given notice when their play must come to an end. If a play request is refused an explanation will be given.



Outdoor Play

Children will be able to access outdoor play every day, with the exception of bad weather conditions.

Any outdoor activities will take place in safe, appropriately supervised spaces.

Before any outdoor activities commence, safety checks are carried out.

The Club's equipment and resources reflect positive images with regard to culture, ethnicity, gender and disability.

Activities will be evaluated by staff and children regularly so play experiences and activities can be improved.

Risk in Play

The Club will facilitate and encourage play opportunities for children, which are deemed to be risky. We recognise that risk is different for individuals, eg a four year old may deem it a risk to walk along a plank 30cms off the ground, whereas a seven year old may not deem that to be a risk unless the plank was considerably higher. We support the need for risky play and recognise that it is an important aspect of child development.

Children often crave risk when playing; they want challenge and excitement in their play. They need to experience challenging play opportunities in order to develop in their daily lives more effectively. However, opportunities for children to take such risks are often limited due to our risk-adverse culture and a preserved increase in health and safety constraints. Practitioners however need to reflect on whether they have a genuine reason to stop risky play, or if they are simply intervening out of habit or due to their personal limitations.

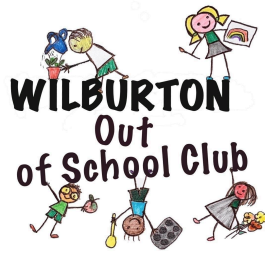
Equipment

The Club will provide a wide range of resources and equipment in order to provide a range of play opportunities and activities and enhance children's play experiences.

Resources will, whenever possible, show men and women in a variety of roles and jobs, and people with different abilities being both active and creative. Examples of every day life will portray people from a variety of family groupings and cultural backgrounds in a range of non-stereotypical roles.

The Club provides a wide selection of books that are regularly updated, as financial resources allow. The selection will always include reference books and a range of age-appropriate formats. Staff are encouraged to select books that reflect a multicultural society and challenge stereotypes.

An Inventory record will be kept which will be used to see gaps in equipment. It will be updated whenever a new item is added or when an old item is removed from use.



This policy was adopted at a meeting of

Wilburton Out of School Club

Held on

Signed on behalf of the Management
Committee / Proprietor

Role of signatory (Chairperson)

This policy was reviewed on